

Friday, February 1

Week of Cheese-fare

Prefeast of Encounter

The Holy Martyr Tryphon.

Note: The services today will not be Lenten (due to Prefeast); however, there will be some great prostrations (only those described below).

Bright Vestments.

At Vespers: Kathisma 15.

At “Lord, I have cried” – 6 stichera: 3 of Prefeast and 3 of the Saint; Glory: Doxastichon of the Saint; Now: Sticheron of Prefeast.

Daily Prokeimenon.

At the Aposticha: Stichera of Triodion; Glory: Now: Sticheron of Prefeast.

Troparion of the Saint; Glory: Now: Troparion of Prefeast.

Then, three prostrations without Prayer of St. Ephraim, and Middle Dismissal.

At Great Compline: Triodion (1st) from the Matins as well as Canon and Stichera of St. Symeon (transferred from Feb. 3). After 1st and 2nd Trisagion – regular troparia; after “It is truly right” - Kontakion of Prefeast, after which we make three prostrations without Prayer of St. Ephraim.

At Matins: at “God the Lord” – Troparion of Prefeast, twice; Glory: Troparion of the Saint; Now: Troparion of Prefeast, once.

Kathisma 19, Small litany and Sessional hymns of Prefeast. Kathisma 20 and Sessional hymns of Triodion.

Canons: In Odes 5, 8 and 9: canon of Prefeast (4), three troparia of the Saint (sung as two) and 2nd Triodion (8). In other Odes: canon of Prefeast with irmos, chanted twice (6), of the Saint (4) and from Triodion (4). Katavasia after 3rd, 5th, 6th, 8th and 9th ode – irmos of last canon. After 3rd ode – Kontakion and Sessional hymn of the Saint; Glory: Now: Sessional hymn of Prefeast. After 6th ode – Kontakion and Ikos of Prefeast. Magnificat. Exapostilarion of the Saint; Glory: Now: of Prefeast.

Small Doxology. At the Aposticha - Stichera of Triodion; Glory: Now: Sticheron of Prefeast.

After Trisagion – Same Troparia as at Vespers.

After the last litany, three prostrations without Prayer of St. Ephraim, and Middle Dismissal.

At the Hours: Troparion of Prefeast; Glory: Troparion of the Saint (3rd and 9th hrs. only). Kontakion of Prefeast (1st and 6th hrs.) or of the Saint (3rd and 9th hrs.).

Reading at 6th hour: Zechariah 8:7-17.

At each hour, after “More honorable than the Cherubim...”, we make three prostrations without Prayer of St. Ephraim.

Aliturgical Day.

Saturday, February 2

Saturday of Our God-bearing Fathers, the Ascetics.

THE ENCOUNTER OF OUR LORD, GOD AND SAVIOR JESUS CHRIST.

All-night Vigil.

Bright (blue) Vestments.

At Great Vespers: Kathisma 1, the first antiphon.

At “Lord, I have cried” - 10 stichera: 6 of the Feast (three stichera are chanted twice) and 4 of the Fathers; Glory: Doxastichon of the Fathers; Now: Sticheron of the Feast.

Entrance. Daily Prokeimenon. Three Readings for the Presentation: Exodus 13:1-3, 11-12, 14-16; Isaiah 6:1-12; Isaiah 19:1-5, 12, 19-21.

At Litia - Stichera of the Feast.

At the Aposticha: Stichera of the Feast; Glory: Doxastichon of the Fathers; Now: Sticheron of the Feast.

At artoklasia: Troparion of the Feast, twice; Troparion of the Fathers, once.

At Great Matins: at “God the Lord” – Troparion of the Feast, twice; Glory: Troparion of the Fathers; Now: Troparion of the Feast, once.

Kathismata: 16 and 17. Small litanies. Sessional hymns of the Feast.

Polyeleos. Exaltation of the Feast. Sessional hymn of the Feast; Glory: Now: the same. Gradual Hymn, the first antiphon of Tone 4. Prokeimenon of the Feast. Gospel – Luke §8 [2:25-32]. After Ps. 50 – usual verses and Sticheron of the Feast. “Save Your people, O God.”

Two Canons (14): of the Feast with irmos, chanted twice (8) and of the Fathers (6). Katavasia - irmos of the Feast after each ode. After 3rd ode – Kontakion and Ikos of the Fathers; Sessional hymn of the Fathers, twice; Glory: Now: Sessional hymn of the Feast. After 6th ode – Kontakion and Ikos of the Feast. Magnificat (instead of refrains). Exapostilarion of the Feast; Glory: of the Fathers; Now: of the Feast.

At the Praises – 6 Stichera: 3 of the Feast and 3 of the Fathers; Glory: Doxastichon of the Fathers; Now: Sticheron of the Feast.

Great Doxology. After Trisagion – Troparion of the Fathers; Glory: Now: Troparion of the Feast.

At the Hours: Troparion of the Feast; Glory: Troparion of the Fathers. Kontakion of the Feast.

AT THE LITURGY:

On the Beatitudes, 8 troparia: 4 (with irmos) from Ode 3 of canon of the Feast and 4 from Ode 6 of canon of the Fathers.

Entrance hymn of the Feast.

Troparion of the Feast; Troparion of the Fathers; Glory: Kontakion of the Fathers; Now: Kontakion of the Feast. Prokeimenon, Alleluia verses and Communion hymn of the Feast and of the Fathers. Instead of “It is truly right” – Irmos of the Feast. Dismissal of the Feast (short).

After the Ambo Prayer: Blessing of candles.

Epistle: Hebrews §316 [7:7-17].

Gospel: Luke §7 [2:22-40].

Sunday, February 3

Sunday of Forgiveness (Cheese-Fare).

Apodosis of Encounter

The Holy and Righteous Symeon the God-receiver and the Holy Prophetess Anna.

Tone 3; Matins Gospel III.

Note: The service for the Saint is omitted.

Bright Vestments.

At Great Vespers: Kathisma 1.

At "Lord, I have cried" - 10 stichera: 3 of Sunday, 3 from Triodion and 4 of the Feast (from Great Vespers of the Feast itself; 1st sticheron is chanted twice); Glory: Doxastichon from Triodion; Now: Dogmaticon (tone 3).

Entrance. Great Prokeimenon: "The Lord reigns."

At the Aposticha: Stichera of Sunday; Glory: Doxastichon from Triodion; Now: Sticheron of the Feast.

Troparion of Sunday; Glory: Now: Troparion of the Feast.

At Compline: Kontakion of the Feast; Glory: Now: Kontakion of Triodion.

At Great Matins: at "God the Lord" – Troparion of Sunday, twice; Glory: Now: Troparion of the Feast.

Kathismata: 2 and 3. Small litanies. Sessional hymns of Sunday.

Polyeleos. Ps. 136 "By the rivers of Babylon." "Hosts of Angels." Sunday Hypakoe. Gradual Hymn of Sunday. Sunday Prokeimenon. Gospel - Mark §71 [16:9-20]. Hymn of Resurrection. After Ps. 50 – special penitential stichera. "Save Your people, O God."

Three Canons (14): Resurrectional with irmos (4), from Triodion (4) and of the Feast (6). Katavasia - irmos of the Feast after each ode. After 3rd ode – Kontakion and Ikos of the Feast; Sessional hymn from Triodion; Glory: Now: Sessional hymn of the Feast. After 6th ode – Kontakion and Ikos from Triodion. Magnificat. After 9th ode – "Holy is the Lord our God." Exapostilaria: of Sunday; Glory: of Triodion; Now: of the Feast.

At the Praises - 9 stichera: 4 of Sunday, 4 of Triodion and sticheron from Triodion with Sunday verse; Glory: Doxastichon from Triodion; Now: "You are truly most blessed..."

Great Doxology. After Trisagion – 1st usual Sunday Troparion "Today salvation has come to the world..."

After Great Dismissal – Glory: Now: Gospel Sticheron (tone 3).

At the Hours: Sunday Troparion; Glory: Troparion of the Feast. Kontakion of the Feast (1st and 6th hrs.) or of Triodion (3rd and 9th hrs.).

AT THE LITURGY:

[At Proskomedia, the priest prepares two hosts for Presanctified Liturgy on Wednesday and Friday.]

On the Beatitudes, 12 troparia: 4 from Octoechos, 4 from Ode 6 of canon of Triodion and 4 from Ode 9 of canon of the Feast.

Entrance hymn of Sunday.

Sunday Troparion; Troparion of the Feast; Glory: Kontakion of Triodion; Now: Kontakion of the Feast. Prokeimenon and Alleluia verses of Cheesefare Sunday and of the Feast; Communion hymn of Sunday and of the Feast. Instead of "It is truly right" – Irmos of the Feast. Sunday Dismissal.

Epistle: Romans §112 [13:11-14:4];

Gospel: Matthew §17 [6:14-21].

In the evening: Forgiveness Vespers for the beginning of the Great Fast.

Monday, February 4

First Day of the Great Fast.

Our Venerable Father Isidore of Pelusium.

Note: During the Great Fast, the Liturgy of the Presanctified Gifts is celebrated on all Wednesdays and Fridays, and on the first three days of Holy Week. It may also be celebrated on Thursday of the Great Canon and on Feasts that fall on weekdays. All other weekdays of the Great Fast are aliturgical. The Liturgy of the Hours is celebrated according to the rubrics given in the Horologion for the Great Fast (unless specified otherwise in this Typicon).

Dark (purple) Vestments. However, at Vespers – Bright Vestments, which are changed into the Dark Vestments during the Prokeimenon.

At Forgiveness Vespers: There is no Kathisma.

At “Lord, I have cried” – 10 stichera: 4 penitential stichera from Octoechos (2 from Vespers Aposticha and 2 from Matins Aposticha); 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Entrance. Great Prokeimenon: “Hide not Your face.” Then immediately “Deign, O Lord” and 3 small prostrations.

At the Aposticha: Stichera of Triodion.

Lenten Troparia and everything else as in Great Fast. However, Prayer of St. Ephraim is said with 3 prostrations only, followed by Prayer for the Beginning of the Great Fast (found in Euchologion) and Small Dismissal.

After Dismissal – forgiveness ceremony.

Small Compline as usual, but with prostrations.

At Nocturns: there are no prostrations, except for three great prostrations after the Prayer of St. Ephraim (only for this day). On all other weekdays of the Great Fast – all prostrations prescribed by the Horologion for the Great Fast (including the Prayer of St. Ephraim with 16 prostrations).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 3).

Kathismata: 4, 5 and 6. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 1, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 7 (3rd hr.), 8 (6th hr.) and 9 (9th hr.).

Reading at 6th hour: Isaiah 1:1-20.

Tuesday, February 5

1st Week of the Great Fast

The Holy Martyr Agatha of Palermo in Sicily.

Dark (purple) Vestments. These are used on all weekdays of the Great Fast (unless indicated otherwise in this Typicon).

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Doxastichon of the Saint; Now: Theotokion from Octoechos (Tuesday of Tone 8).

Prokeimenon from Triodion; and Reading – Genesis 1:1-13. Another Prokeimenon from Triodion; and Reading – Proverbs 1:1-20.

At the Aposticha: Stichera of Triodion.

At Great Compline: instead of six psalms in the beginning, we take Ps. 69 and Great Canon of St. Andrew of Crete (first quarter of each ode).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 3).

Kathismata: 10, 11 and 12. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Ode 2: two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 13 (1st hr.), 14 (3rd hr.), 15 (6th hr.) and 16 (9th hr.).

Reading at 6th hour: Isaiah 1:19-2:3.

Wednesday, February 6

1st Week of the Great Fast

Our Holy Father Bucolus, bishop of Smyrna;

The Holy Hieromartyr Sylvanus, bishop of Emessa and his Companions.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint (St. Bucolus); Glory: Now: Stavrotheotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 1:14-23. Another Prokeimenon from Triodion; and Reading – Proverbs 1:20-33.

At the Aposticha: Stichera of Triodion.

At Great Compline: instead of six psalms in the beginning, we take Ps. 69 and Great Canon of St. Andrew of Crete (second quarter of each ode).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 3).

Kathismata: 19, 20 and 1. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 3, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Ode 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Stavrotheotokion. After 6th ode – Martyrion from Octoechos. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 2 (1st hr.), 3 (3rd hr.), 4 (6th hr.) and 5 (9th hr).

Reading at 6th hour: Isaiah 2:3-11.

Thursday, February 7

1st Week of the Great Fast

Our Holy Father Parthenius, bishop of Lampsacus.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: Sticheron from Octoechos, twice; Sticheron of the Martyrs from Octoechos; 3 Stichera from Triodion and 4 of the Saint (first sticheron is chanted twice); Glory: Now: Theotokion from Menaion.

Entrance. Prokeimenon from Triodion; and Reading – Genesis 1:24-2:3. Another Prokeimenon from Triodion; and Reading – Proverbs 2:1-22.

At Great Compline: instead of six psalms in the beginning, we take Ps. 69 and Great Canon of St. Andrew of Crete (third quarter of each ode).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 3).

Kathismata: 6, 7 and 8. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 4, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Martyrion from Octoechos. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 9 (1st hr.), 10 (3rd hr.), 11 (6th hr.) and 12 (9th hr.).

Reading at 6th hour: Isaiah 2:11-21.

Friday, February 8

1st Week of the Great Fast

The Holy Great Martyr Theodore, the general of Heraclea;

The Holy Prophet Zechariah, who beheld the Sickle.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of St. Theodore; Glory: Doxastichon of St. Theodore; Now: Stavrotheotokion from Octoechos (Friday of Tone 8).

Prokeimenon from Triodion; and Reading – Genesis 2:4-19. Another Prokeimenon from Triodion; and Reading – Proverbs 3:1-19.

At the Aposticha: Stichera of Triodion; Glory: Doxastichon of St. Theodore; Now: Stavrotheotokion from Aposticha (Friday of Tone 5).

At Great Compline: instead of six psalms in the beginning, we take Ps. 69 and Great Canon of St. Andrew of Crete (fourth quarter of each ode).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 3).

Kathismata: 13, 14 and 15. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 5, 8 and 9: canons of both Saints with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4 and 7: canons of both Saints with irmos (6). In Odes 3 and 6: canons of both Saints without irmos (6); irmos is said as Katavasia. After 3rd ode – Sessional hymn of St. Theodore; Glory: Sessional hymn of St. Zechariah; Now: its Stavrotheotokion. After 6th ode – Kontakion and Ikos of St. Theodore. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Praises – 4 Stichera of St. Zechariah (taken from Menaion at “Lord, I have cried”; first sticheron is chanted twice); Glory: last sticheron is repeated; Now: Stavrotheotokion from Menaion.

Small Doxology. At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 19 (3rd hr.) and 20 (6th hr.).

Reading at 6th hour: Isaiah 3:1-14.

Saturday, February 9

First Saturday of the Great Fast.

The Holy Great Martyr Theodore the Recruit.

The Holy Martyr Nicephorus of Antioch.

Dark (red) Vestments.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: Sticheron from Octoechos, twice; 4 Stichera of the Martyrs from Octoechos and 4 of St. Theodore (from Triodion); Glory: Doxastichon of St. Theodore; Now: Dogmaticon (tone 3).

Entrance. Prokeimenon from Triodion; and Reading – Genesis 2:20-3:20. Another Prokeimenon from Triodion; and Reading – Proverbs 3:19-34.

After the Ambo Prayer: Blessing of Kolyva.

At Small Compline: No prostrations. Canon of the dead from Octoechos as well as Canon and Stichera of St. Nicephorus.

At Matins: at “God the Lord” – Troparion of St. Theodore, twice; Glory: Now: Sunday Theotokion (tone 2).

Kathismata: 16 and 17. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd Kathisma).

Three Canons (14): of the Patronal Feast with irmos (6) and two canons of St. Theodore (4+4). Katavasia – general of Theotokos after each Ode. After 3rd ode – Sessional hymn of St. Theodore; Glory: another Sessional hymn of St. Theodore; Now: its Theotokion. After 6th ode – Kontakion and Ikos of St. Theodore. Magnificat. “It is truly right.” Exapostilarion of St. Theodore, twice; Glory: Now: its Theotokion.

At the Praises – 4 Stichera of St. Theodore; Glory: Doxastichon of St. Theodore; Now: Theotokion from Triodion.

Small Doxology. At the Aposticha – Stichera of St. Theodore.

After Trisagion – Troparion of St. Theodore; Glory: Now: Sunday Theotokion (tone 2).

Great Dismissal.

At the Hours: Troparion and Kontakion of St. Theodore.

AT THE LITURGY OF ST. JOHN CHRYSOSTOM:

On the Beatitudes, 8 troparia: 4 from Ode 3 and 4 from Ode 6 of canon of St. Theodore.

In a church dedicated to Our Lord or to the Theotokos – Troparia: Patronal Feast; St. Theodore. Kontakia: Glory: St. Theodore; Now: Patronal Feast.

In a church dedicated to a Saint – Troparia: Patronal Feast; St. Theodore. Kontakia: Patronal Feast; Glory: St. Theodore; Now: “Undaunted Patroness.”

Prokimenon, Alleluia verses and Communion hymn of the St. Theodore.

Epistle: 2 Timothy §292 [2:1-10] (St. Theodore).

Gospel: Mark §10 [2:23-3:5] (1st Sat. of Great Fast).

Sunday, February 10

Sunday of Orthodoxy.

The Holy Martyr Charalampus, bishop of Magnesia in Thessaly, and his Companions.

Tone 4; Matins Gospel IV.

Note: The service for the Saint is omitted.

Bright Vestments.

At Great Vespers: Kathisma 1.

At “Lord, I have cried” - 10 stichera: 6 of Sunday and 4 from Triodion; Glory: Doxastichon from Triodion; Now: Dogmaticon (tone 4).

Entrance. Great Prokeimenon: “The Lord reigns.”

At the Aposticha: Stichera of Sunday; Glory: Doxastichon from Triodion; Now: its Theotokion. Troparion of Sunday; Glory: Troparion of Sunday of Orthodoxy; Now: Sunday Theotokion (tone 2).

At Compline: Kontakion of Triodion.

At Great Matins: at “God the Lord” – Troparion of Sunday, twice; Glory: Troparion of Sunday of Orthodoxy; Now: Sunday Theotokion (tone 2).

Kathismata: 2 and 3. Small litanies. Sessional hymns of Sunday.

Kathisma 17. “Hosts of Angels.” Sunday Hypakoe. Gradual Hymn of Sunday. Sunday Prokeimenon. Gospel - Luke §112 [24:1-12]. Hymn of Resurrection. After Ps. 50 – special penitential stichera. “Save Your people, O God.”

Four Canons (14): Resurrectional with irmos (4); of Cross and Resurrection (2); Theotokion (2) and from Triodion (6). Katavasia - irmos of Triodion after each ode. After 3rd ode – Sessional hymns from Triodion. After 6th ode – Kontakion and Ikos from Triodion. Magnificat. After 9th ode – “Holy is the Lord our God.” Exapostilaria: of Sunday; Glory: of Triodion; Now: also of Triodion.

At the Praises - 9 stichera: 5 of Sunday and 4 from Triodion; Glory: last sticheron is repeated; Now: “You are truly most blessed...”.

Great Doxology. After Trisagion – 2nd usual Sunday Troparion “You came forth from death...”.

After Great Dismissal – Glory: Now: Gospel Sticheron (tone 4).

At the Hours: Sunday Troparion; Glory: Troparion of Sunday of Orthodoxy. Kontakion of Triodion.

AT THE LITURGY OF ST. BASIL:

[At Proskomedia, the priest prepares two hosts for Presanctified Liturgy on Wednesday and Friday.]

On the Beatitudes, 10 troparia: 6 from Octoechos and 4 from Ode 6 of canon of Triodion.

Sunday Troparion; Troparion of Sunday of Orthodoxy; Glory: Now: Kontakion of Triodion.

Prokeimenon and Alleluia verses of Sunday of Orthodoxy. Communion hymn of Sunday and of Sunday of Orthodoxy. Instead of “It is truly right” – “In you, O full of grace.”

After the Ambo Prayer: Procession with holy icons.

Epistle: Hebrews §Mid-329 [11:24-26, 32-40; 12:1-2].

Gospel: John §5 [1:43-51].

Monday, February 11

2nd Week of the Great Fast

The Holy Hieromartyr Blaise, bishop of Sebaste.

At Vespers: There is no Kathisma.

At “Lord, I have cried” – 10 stichera: 4 penitential stichera from Octoechos (2 from Vespers Aposticha and 2 from Matins Aposticha); 3 from Triodion and 3 of the Saint; Glory: Doxastichon of the Saint; Now: Theotokion from Octoechos (Monday of Tone 4).

Entrance. Great Prokeimenon: “You have granted me the heritage.” Then immediately “Deign, O Lord” and 3 small prostrations.

At the Aposticha: Stichera of Triodion; Glory: Doxastichon of the Saint; Now: Theotokion from Aposticha (Monday of Tone 5).

Lenten Troparia and everything else as in Great Fast. However, Prayer of St. Ephraim is said with 3 prostrations only, followed by Small Dismissal.

At Small Compline: Canon and Stichera of St. Charalampus (transferred from Feb. 10).

Note: During Compline, starting on the 2nd week of the Great Fast, we take Services of the Saints that occur between Saturday of Lazarus and Thomas Sunday.

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 4).

Kathismata: 4, 5 and 6. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 1, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Kontakion of the Saint; Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – another Kontakion and Ikos of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 7 (3rd hr.), 8 (6th hr.) and 9 (9th hr).

Reading at 6th hour: Isaiah 4:2-5:6.

Tuesday, February 12

2nd Week of the Great Fast

Our Holy Father Meletius, archbishop of Antioch.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 3:21-4:7. Another Prokeimenon from Triodion; and Reading – Proverbs 3:34-4:22.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. Agapius (transferred from March 15, Saturday of Lazarus).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 4).

Kathismata: 10, 11 and 12. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Ode 2: two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 13 (1st hr.), 14 (3rd hr.), 15 (6th hr.) and 16 (9th hr.).

Reading at 6th hour: Isaiah 5:7-16.

Wednesday, February 13

2nd Week of the Great Fast

Our Venerable Father Martinian, the hermit of Caesarea in Palestine.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Doxastichon of the Saint; Now: Stavrotheotokion from Octoechos (Wednesday of Tone 2).

Prokeimenon from Triodion; and Reading – Genesis 4:8-15. Another Prokeimenon from Triodion; and Reading – Proverbs 5:1-15.

At the Aposticha: Stichera of Triodion; Glory: Doxastichon of the Saint; Now: Stavrotheotokion from Aposticha (Wednesday of Tone 6).

At Great Compline: Canon and Stichera of St. Sabinas (transferred from March 16, Palm Sunday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 4).

Kathismata: 19, 20 and 1. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 3, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Ode 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Stavrotheotokion. After 6th ode – Kontakion and Ikos of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 2 (1st hr.), 3 (3rd hr.), 4 (6th hr.) and 5 (9th hr.).

Reading at 6th hour: Isaiah 5:16-25.

Thursday, February 14

2nd Week of the Great Fast

Our Venerable Father Auxentius;

The Passing of Our Venerable Father Cyril, Teacher of the Slavs;

Our Venerable Father Maron, hermit and wonderworker.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: Sticheron from Octoechos, twice; Sticheron of the Martyrs from Octoechos; 3 Stichera from Triodion and 4 of the Saint (St. Cyril); Glory: Doxastichon of the Saint; Now: Dogmaticon (tone 8).

Entrance. Prokeimenon from Triodion; and Reading – Genesis 4:16-26. Another Prokeimenon from Triodion; and Reading – Proverbs 5:15-6:3. Then, three readings for the Saint: Deuteronomy 1:8-17; Deuteronomy 10:14-21; Wisdom 3:1-9.

At Great Compline: After 1st Trisagion – Troparion of St. Cyril; Glory: Now: Sunday Theotokion (Tone 4). After 2nd Trisagion – regular troparia. After “It is truly right” – Kontakion of St. Cyril (“Lord of powers” is omitted). After “More honorable than the cherubim” – three great prostrations without Prayer of St. Ephraim; Trisagion is omitted as well. Small Dismissal as in Small Compline (instead of the usual prayer).

At Matins: at “God the Lord” – Troparion of the Saint, twice; Glory: Now: Sunday Theotokion (tone 4).

Kathismata: 6, 7 and 8. Sessional hymns from Triodion (after 1st and 2nd Kathisma) and of the Saint (after 3rd Kathisma and Small litany).

Polyeleos. Exaltation of the Saint. Sessional hymn of the Saint, twice; Glory: Now: its Theotokion. Gradual Hymn, the first antiphon of Tone 4. Prokeimenon of the Saint. Gospel – Matthew §43 [11:27-30]. After Ps. 50 – “By the prayers of Venerable Cyril...”; Sticheron of the Saint. “Save Your people, O God.”

Canons (with Canticles): In Odes 4, 8 and 9: canon of the Saint with irmos, chanted twice (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In other Odes: canon of the Saint with irmos, chanted twice (8). Katavasia – general of Theotokos. After 3rd ode – Sessional hymn of the Saint, twice; Glory: Now: its Theotokion. After 6th ode – Kontakion and Ikos of the Saint. Magnificat. Exapostilarion of the Saint, twice; Glory: Now: its Theotokion.

At the Praises – 4 Stichera of the Saint (two stichera are chanted twice); Glory: Doxastichon of the Saint; Now: its Theotokion.

Small Doxology. At the Aposticha - Stichera of Triodion; Glory: Doxastichon of the Saint; Now: its Theotokion (same one sung at the Praises).

Troparion of the Saint; Glory: Now: Sunday Theotokion (Tone 4). Then, Litany and three great prostrations without Dismissal; and, immediately, the 1st Hour.

At the Hours: Kathismata: 10 (3rd hr.), 11 (6th hr.) and 12 (9th hr). Troparion and Kontakion of the Saint. After Kontakion - three prostrations without Prayer of St. Ephraim.

Reading at 6th hour: Isaiah 6:1-12.

Friday, February 15

2nd Week of the Great Fast

The Holy Apostle Onesimus.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Stavrotheotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 5:1-24. Another Prokeimenon from Triodion; and Reading – Proverbs 6:3-20.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. Auxentius (transferred from Feb. 14).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 4).

Kathismata: 13, 14 and 15. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 5, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Stavrotheotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 19 (3rd hr.) and 20 (6th hr.).

Reading at 6th hour: Isaiah 7:1-14.

Saturday, February 16

2nd Week of the Great Fast

The Holy Martyrs Pamphilus, presbyter; Porphyrius and their Companions.

Dark (black) Vestments.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: Sticheron from Octoechos, twice; 4 Stichera of the Martyrs from Octoechos and 4 of the Saints (first sticheron is chanted twice); Glory: Sticheron of the dead from Octoechos; Now: Dogmaticon (tone 4).

Entrance. Prokeimenon from Triodion; and Reading – Genesis 5:32-6:8. Another Prokeimenon from Triodion; and Reading – Proverbs 6:20-7:1.

At Small Compline: No prostrations. Kontakion of the dead.

At Matins: Instead of “God the Lord” – Alleluia (tone 2) with verses. First Troparion of Saturday (all the Saints), twice; Glory: Second Troparion of Saturday (for the dead); Now: Sunday Theotokion (tone 2).

Kathisma 16 with Small litany and Sessional hymn from Octoechos.

Kathisma 17, divided into two stations, sung with refrains. After first station, Small litany for the dead. Troparia for the dead (tone 5). Small litany for the dead. Sessional hymn for the dead; Glory: Now: its Theotokion.

Canons: In Odes 6 – 9: canon of the Saints with irmos (6); two Tetraodia (8) and two other Troparia from Triodion; Katavasia – irmos of last canon. **In other Odes:** In churches dedicated to Our Lord or to Theotokos: canon of the Patronal Feast with irmos (6); of the Saints (4) and II canon from Octoechos (4). In churches dedicated to a Saint: canon of the Saints with irmos (6); of the Patron Saint (4) and II canon from Octoechos (4). Katavasia after 3rd ode – irmos of last canon. After 3rd ode – Kontakion and Sessional hymn of the Saints; Glory: Now: its Theotokion. After 6th ode – Kontakion and Ikos of the dead. Magnificat. “It is truly right.” Exapostilarion of Octoechos (all the Saints); of the Saints; Glory: of the dead; Now: Theotokion from Octoechos.

At the Praises – 4 Stichera of the Martyrs from Octoechos; Glory: Doxastichon of the dead; Now: its Theotokion.

Small Doxology. At the Aposticha - Stichera of the dead from Octoechos.

After Trisagion – First Troparion of Saturday; Glory: Second Troparion of Saturday; Now: Sunday Theotokion (tone 2). Dismissal for the dead.

At the Hours: Troparion of all the Saints; Glory: Troparion of the dead. Kontakion of the dead.

AT THE LITURGY OF ST. JOHN CHRYSOSTOM:

On the Beatitudes, 6 troparia from Octoechos.

Troparion of all the Saints; Troparion of the dead; Glory: Kontakion of the dead; Now:

Theotokion from Service for the dead. Prokeimenon, Alleluia verses and Communion hymn from Service for the dead. Dismissal for the dead.

Epistle: Hebrews §309 [3:12-16].

Gospel: Mark §6 [1:35-44].

Sunday, February 17

2nd Sunday of the Great Fast.

Our Holy Father Gregory Palamas, archbishop of Thessalonica.

The Holy Great Martyr Theodore the Recruit.

Tone 5; Matins Gospel V.

Note: The service for the Menaion Saint is omitted.

Bright Vestments.

At Great Vespers: Kathisma 1.

At “Lord, I have cried” - 10 stichera: 6 of Sunday and 4 from Triodion (first sticheron is chanted twice); Glory: Doxastichon from Triodion; Now: Dogmaticon (tone 5).

Entrance. Great Prokeimenon: “The Lord reigns.”

At the Aposticha: Stichera of Sunday; Glory: Doxastichon from Triodion; Now: its Theotokion.

Troparion of Sunday; Glory: Troparion of St. Gregory; Now: Sunday Theotokion (tone 8).

At Compline: Kontakion of Triodion.

At Great Matins: at “God the Lord” – Troparion of Sunday, twice; Glory: Troparion of St. Gregory; Now: Sunday Theotokion (tone 8).

Kathismata: 2 and 3. Small litanies. Sessional hymns of Sunday.

Kathisma 17. “Hosts of Angels.” Sunday Hypakoe. Gradual Hymn of Sunday. Sunday Prokeimenon. Gospel - Luke §113 [24:12-35]. Hymn of Resurrection. After Ps. 50 – special penitential stichera. “Save Your people, O God.”

Three Canons (14): Resurrectional with irmos (4); from Triodion (4) and of St. Gregory (6). Katavasia – general of Theotokos after each ode. After 3rd ode – Kontakion of Triodion; Sessional hymn of St. Gregory; Glory: the same; Now: its Theotokion. After 6th ode – Kontakion and Ikos of St. Gregory. Magnificat. After 9th ode – “Holy is the Lord our God.” Exapostilaria: of Sunday; Glory: of St. Gregory; Now: of Triodion.

At the Praises - 9 stichera: 5 of Sunday and 4 from Triodion; Glory: last sticheron is repeated; Now: “You are truly most blessed...”

Great Doxology. After Trisagion – 1st usual Sunday Troparion “Today salvation has come to the world...”

After Great Dismissal – Glory: Now: Gospel Sticheron (tone 5).

At the Hours: Sunday Troparion; Glory: Troparion of St. Gregory. Kontakion of Triodion.

AT THE LITURGY OF ST. BASIL:

[At Proskomedia, the priest prepares two hosts for Presanctified Liturgy on Wednesday and Friday.]

On the Beatitudes, 10 troparia: 6 from Octoechos and 4 from Ode 3 of canon of St. Gregory.

Sunday Troparion; Troparion of St. Gregory; Glory: Kontakion of St. Gregory; Now: Kontakion of Triodion. Prokeimenon of 2nd Sunday of the Great Fast and of St. Gregory; Alleluia verses of Sunday; Communion hymn of Sunday and of St. Gregory. Instead of “It is truly right” – “In you, O full of grace.”

Epistle: Hebrews §304 [1:10-2:3].

Gospel: Mark §7 [2:1-12].

Monday, February 18

3rd Week of the Great Fast

Our Holy Father Leo, pope of Rome.

Civil holiday: Presidents' Day.

At Vespers: There is no Kathisma.

At "Lord, I have cried" – 10 stichera: 4 penitential stichera from Octoechos (2 from Vespers Aposticha and 2 from Matins Aposticha); 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Entrance. Great Prokeimenon: "Hide not Your face." Then immediately "Deign, O Lord" and 3 small prostrations.

At the Aposticha: Stichera of Triodion.

Lenten Troparia and everything else as in Great Fast. However, Prayer of St. Ephraim is said with 3 prostrations only, followed by Small Dismissal.

At Small Compline: Canon and Stichera of St. Alexis (transferred from March 17, Great Monday).

At Lenten Matins: Instead of "God the Lord" – Alleluia with verses and Trinitarian hymns (tone 5).

Kathismata: 4, 5 and 6. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. "Save Your people, O God."

Canons (with Canticles): In Odes 1, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion and Ikos of the Saint. Magnificat. "It is truly right." Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 7 (3rd hr.), 8 (6th hr.) and 9 (9th hr.).

Reading at 6th hour: Isaiah 8:13-9:6.

Tuesday, February 19

3rd Week of the Great Fast

The Holy Apostle Archippus.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 6:9-22. Another Prokeimenon from Triodion; and Reading – Proverbs 8:1-21.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. Cyril (transferred from March 18, Great Tuesday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 5).

Kathismata: 10, 11 and 12. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Ode 2: two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 13 (1st hr.), 14 (3rd hr.), 15 (6th hr.) and 16 (9th hr.).

Reading at 6th hour: Isaiah 9:9-10:4.

Wednesday, February 20

3rd Week of the Great Fast

Our Venerable Father Leo, bishop of Catania in Sicily.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Stavrotheotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 7:1-5. Another Prokeimenon from Triodion; and Reading – Proverbs 8:32-9:11.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of Sts. Chrysanthus and Daria (transferred from March 19, Great Wednesday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 5).

Kathismata: 19, 20 and 1. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 3, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Ode 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Stavrotheotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 2 (1st hr.), 3 (3rd hr.), 4 (6th hr.) and 5 (9th hr).

Reading at 6th hour: Isaiah 10:12-20.

Thursday, February 21

3rd Week of the Great Fast

Our Venerable Father Timothy of Symbola in Bithynia;

Our Holy Father Eustace, archbishop of Antioch.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: 6 from Triodion and 4 of St. Timothy (first sticheron is chanted twice); Glory: Now: Theotokion from Menaion.

Entrance. Prokeimenon from Triodion; and Reading – Genesis 7:6-9. Another Prokeimenon from Triodion; and Reading – Proverbs 9:12-18.

At Great Compline: Canon and Stichera of Venerable Fathers of St. Sabbas Monastery (transferred from March 20, Great Thursday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 5).

Kathismata: 6, 7 and 8. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 4, 8 and 9: canons of both Saints with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 5 and 7: canons of both Saints with irmos (6). In Odes 3 and 6: canons of both Saints without irmos (6); irmos is said as Katavasia. After 3rd ode – Sessional hymn of St. Timothy; Glory: Sessional hymn of St. Eustace; Now: its Theotokion. After 6th ode – Kontakion of St. Timothy. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Praises – 4 Stichera of St. Eustace (taken from Menaion at “Lord, I have cried”; first sticheron is chanted twice); Glory: last sticheron is repeated; Now: Theotokion from Menaion.

Small Doxology. At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 9 (1st hr.), 10 (3rd hr.), 11 (6th hr.) and 12 (9th hr).

Reading at 6th hour: Isaiah 11:10-12:2.

Friday, February 22

3rd Week of the Great Fast

The Finding of the Relics of the Holy Martyrs at the Gate of Eugenius.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saints; Glory: Now: Stavrotheotokion from Menaion.

Entrance. Prokeimenon from Triodion; and Reading – Genesis 7:11-8:3. Another Prokeimenon from Triodion; and Reading – Proverbs 10:1-22.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. James (transferred from March 21, Good Friday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 5).

Kathismata: 13, 14 and 15. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 5, 8 and 9: canon of the Saints with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4 and 7: canon of the Saints with irmos (5). In Odes 3 and 6: canon of the Saints without irmos (4); irmos is said as Katavasia. After 3rd ode – Kontakion and Sessional hymn of the Saints; Glory: Now: its Stavrotheotokion. After 6th ode – another Kontakion of the Saints. Magnificat. “It is truly right.”
Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 19 (3rd hr.) and 20 (6th hr.).

Reading at 6th hour: Isaiah 13:2-13.

Saturday, February 23

3rd Week of the Great Fast

The Holy Hieromartyr Polycarp, bishop of Smyrna.

Dark (black) Vestments.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: Sticheron from Octoechos, twice; 4 Stichera of the Martyrs from Octoechos and 4 of the Saint (first sticheron is chanted twice); Glory: Now: Dogmaticon (tone 5).

Entrance. Prokeimenon from Triodion; and Reading – Genesis 8:4-21. Another Prokeimenon from Triodion; and Reading – Proverbs 10:31-11:12.

At Small Compline: No prostrations. Kontakion of the dead.

At Matins: Instead of “God the Lord” – Alleluia (tone 2) with verses. First Troparion of Saturday (all the Saints), twice; Glory: Second Troparion of Saturday (for the dead); Now: Sunday Theotokion (tone 2).

Kathisma 16 with Small litany and Sessional hymn from Octoechos. Kathisma 17, divided into two stations, sung with refrains. After first station, Small litany for the dead. Troparia for the dead (tone 5). Small litany for the dead. Sessional hymn for the dead; Glory: Now: its Theotokion.

Canons: In Odes 6 – 9: canon of the Saint with irmos (6); two Tetraodia (8) and two other Troparia from Triodion; Katavasia – irmos of last canon. **In other Odes:** In churches dedicated to Our Lord or to Theotokos: canon of the Patronal Feast with irmos (6); of the Saint (4) and II canon from Octoechos (4). In churches dedicated to a Saint: canon of the Saint with irmos (6); of the Patron Saint (4) and II canon from Octoechos (4). Katavasia after 3rd ode – irmos of last canon. After 3rd ode – Kontakion and Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion and Ikos of the dead. Magnificat. “It is truly right.” Exapostilarion of Octoechos (all the Saints); Glory: of the dead; Now: Theotokion of Octoechos Exapostilarion.

At the Praises – 4 Stichera of the Martyrs from Octoechos; Glory: Doxastichon of the dead; Now: its Theotokion.

Small Doxology. At the Aposticha - Stichera of the dead from Octoechos.

After Trisagion – First Troparion of Saturday; Glory: Second Troparion of Saturday; Now: Sunday Theotokion (tone 2). Dismissal for the dead.

At the Hours: Troparion of all the Saints; Glory: Troparion of the dead. Kontakion of the dead.

AT THE LITURGY OF ST. JOHN CHRYSOSTOM:

On the Beatitudes, 6 troparia from Octoechos.

Troparion of all the Saints; Troparion of the dead; Glory: Kontakion of the dead; Now: Theotokion from Service for the dead. Prokeimenon, Alleluia verses and Communion hymn from Service for the dead. Dismissal for the dead.

Epistle: Hebrews §325 [10:32-38].

Gospel: Mark §8 [2:14-17].

Sunday, February 24

3rd Sunday of the Great Fast.

Veneration of the Holy Cross.

The First and Second Finding of the Precious Head of the Holy Prophet, Forerunner and Baptizer John.

Tone 6; Matins Gospel VI.

Note: In advance, the priest adorns the Cross with basil (and flowers), wraps it in Aer and places it on the Discos, which is then placed on the Prothesis table.

Dark (red) Vestments. These are used throughout the following week.

At Great Vespers: Kathisma 1.

At “Lord, I have cried” - 10 stichera: 3 of Sunday; 4 from Triodion and 3 of the Saint; Glory: Doxastichon from Triodion; Now: Dogmaticon (tone 6). Entrance. Great Prokeimenon: “The Lord reigns.” Three Readings for the Saint: Isaiah 40:1-11; Malachi 3; Wisdom 4:7-15; 5:1-7.

At the Aposticha: Stichera of Sunday; Glory: Doxastichon of the Saint; Now: Sticheron from Triodion. Troparion of Sunday; Glory: Troparion of the Saint; Now: Troparion of the Cross.

Note: While the choir begins to sing Troparia, the priest incenses the Holy Cross and carries it to the Altar; and the Gospel book he places upright before the tabernacle. Then Sunday dismissal, mentioning the Cross and the Saint.

At Compline: Kontakion of the Saint; Glory: Now: Kontakion of the Cross.

At Great Matins: at “God the Lord” – Troparion of Sunday, twice; Glory: Troparion of the Saint; Now: Troparion of the Cross.

Kathismata: 2 and 3. Small litanies. Sessional hymns of Sunday. Polyeleos. Exaltation of St. John. “Hosts of Angels.” Sunday Hypakoe. Sessional hymns of the Saint with Theotokion. Gradual Hymn of Sunday. Sunday Prokeimenon. Gospel - Luke §114 [24:36-53]. Hymn of Resurrection. After Ps. 50 – special penitential stichera. “Save Your people, O God.”

Three Canons (14): Resurrectional with irmos (4); of the Saint (4) and from Triodion (6).

Katavasia - irmos of Triodion after each ode. After 3rd ode – Kontakion, Ikos, Sessional hymn of the Saint and Sessional hymns of the Cross. After 6th ode – Kontakion and Ikos of the Cross. Magnificat. After 9th ode – “Holy is the Lord our God.” Exapostilaria: of Sunday; Glory: of the Saint; Now: of the Cross. At the Praises - 9 stichera: 4 of Sunday and 5 from Triodion; Glory: last sticheron is repeated; Now: “You are truly most blessed...”

Note: At the Praises, the priest vests in full vestments (at concelebration, only the main celebrant puts on full vestments, while other priests – only epitachelion and phelonion). At the beginning of the Great Doxology, the priest carries the Gospel book from tetrapodion to the altar. Then, he incenses the altar and the Cross, takes it into his hands, sets it on his forehead, and processes around the altar, preceded by the deacon and the candlebearers. After Trisagion, the priest, standing before the Holy Doors, intones: “Wisdom! Stand aright.” The choir sings Troparion of the Cross, at which time the priest places the Cross on the tetrapodion, and incenses it (on all four sides) and the Cross, thrice. Then the hymn “We bow before Your Cross...” is sung three times, and after each time a great prostration is made. After this, everyone kisses the Cross, as the choir sings stichera of veneration of the Cross from Triodion.

After Great Dismissal – Glory: Now: Gospel Sticheron (tone 6).

At the Hours: Sunday Troparion; Glory: Troparion of the Cross (1st and 6th hrs.) or Glory: Troparion of the Saint (3rd and 9th hrs.). Kontakion of Cross (1st and 6th hrs.) or of the Saint (3rd and 9th hrs.).

AT THE LITURGY OF ST. BASIL:

[At Proskomedia, the priest prepares two hosts for Presanctified Liturgy on Wednesday and Friday.]

On the Beatitudes, 12 troparia: 4 from Octoechos, 4 from Ode 3 of canon of the Saint and 4 from Ode 6 of canon of Triodion.

Sunday Troparion; Troparion of the Cross; Troparion of the Saint; Glory: Kontakion of the Saint; Now: Kontakion of the Cross. Instead of Trisagion – “We bow before Your Cross...”. Prokeimenon, Alleluia verses and Communion hymn of the Cross and of the Saint. Instead of “It is truly right” – “In you, O full of grace.”

Epistle: Hebrews §311 [4:14-5:6].

Gospel: Mark §37 [8:34-9:1].

Monday, February 25

4th Week of the Great Fast

Our Holy Father Tarasius, archbishop of Constantinople.

At Vespers: There is no Kathisma.

At “Lord, I have cried” – 10 stichera: 4 penitential stichera from Octoechos (2 from Vespers Aposticha and 2 from Matins Aposticha); 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Entrance. Great Prokeimenon: “You have granted me the heritage.” Then immediately “Deign, O Lord” and 3 small prostrations.

At the Aposticha: Stichera of Triodion.

Lenten Troparia and everything else as in Great Fast. However, Prayer of St. Ephraim is said with 3 prostrations only, followed by Small Dismissal.

At Small Compline: Canon and Stichera of St. Basil (transferred from March 22, Great Saturday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 6).

Kathismata: 4, 5 and 6. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 1, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 7 (3rd hr.), 8 (6th hr.) and 9 (9th hr). Veneration of the Cross at 1st hour.

Reading at 6th hour: Isaiah 14:24-32.

Tuesday, February 26

4th Week of the Great Fast

Our Holy Father Porphyrius, bishop of Gaza.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Theotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 8:21-9:7. Another Prokeimenon from Triodion; and Reading – Proverbs 11:19-12:6.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. Nicon (transferred from March 23, Pascha).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 6).

Kathismata: 10, 11 and 12. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Ode 2: two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 13 (1st hr.), 14 (3rd hr.), 15 (6th hr.) and 16 (9th hr.).

Reading at 6th hour: Isaiah 25:1-9.

Wednesday, February 27

Mid-Lent

Our Venerable Father and Confessor Procopius the Decapolite.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera of the Cross from Triodion; Glory: Now: Sticheron from Triodion.

Prokeimenon from Triodion; and Reading – Genesis 9:8-17. Another Prokeimenon from Triodion; and Reading – Proverbs 12:8-22.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of St. Procopius.

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 6).

Kathismata: 19, 20 and 1. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 3, 8 and 9: canon of the Cross (from Triodion) with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4, 5 and 7: canon of the Cross with irmos (5). In Ode 6: canon of the Cross without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymns of the Cross. After 6th ode – Kontakion and Ikos of the Cross. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 2 (1st hr.), 3 (3rd hr.), 4 (6th hr.) and 5 (9th hr). Veneration of the Cross at 1st hour.

Reading at 6th hour: Isaiah 26:21-27:9.

Thursday, February 28

4th Week of the Great Fast

Our Venerable Father and Confessor Basil, fellow faster of the Holy Procopius.

At Vespers with Presanctified: Kathisma 18.

At “Lord, I have cried” – 10 stichera: 6 from Triodion and 4 of the Saint (first sticheron is chanted twice); Glory: Now: Theotokion from Menaion.

Entrance. Prokeimenon from Triodion; and Reading – Genesis 9:18-10:1. Another Prokeimenon from Triodion; and Reading – Proverbs 12:23-13:10.

At Great Compline: Canon and Stichera of Sts. Zechariah and Artemon (transferred from March 24, Bright Monday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 6).

Kathismata: 6, 7 and 8. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 4, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 5 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Theotokion. After 6th ode – Kontakion of the Saint. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 9 (1st hr.), 10 (3rd hr.), 11 (6th hr.) and 12 (9th hr.).

Reading at 6th hour: Isaiah 28:14-22.

Friday, February 29

4th Week of the Great Fast

Our Venerable Father Cassian the Roman.

At Lenten Vespers: Kathisma 18.

At “Lord, I have cried” – 6 stichera: 3 from Triodion and 3 of the Saint; Glory: Now: Stavrotheotokion from Menaion.

Prokeimenon from Triodion; and Reading – Genesis 10:32-11:9. Another Prokeimenon from Triodion; and Reading – Proverbs 13:19-14:6.

At the Aposticha: Stichera of Triodion.

At Great Compline: Canon and Stichera of Archangel Gabriel (transferred from March 26, Bright Wednesday).

At Lenten Matins: Instead of “God the Lord” – Alleluia with verses and Trinitarian hymns (tone 6).

Kathismata: 13, 14 and 15. Sessional hymns from Octoechos (after 1st Kathisma) and from Triodion (after 2nd and 3rd Kathisma). Ps. 50. “Save Your people, O God.”

Canons (with Canticles): In Odes 5, 8 and 9: canon of the Saint with irmos (6); two Triodia (8) and another Troparion from Triodion; Katavasia – irmos of last canon. In Odes 1, 4 and 7: canon of the Saint with irmos (5). In Odes 3 and 6: canon of the Saint without irmos (4); irmos is said as Katavasia. After 3rd ode – Sessional hymn of the Saint; Glory: Now: its Stavrotheotokion. After 6th ode – Martyrion from Octoechos. Magnificat. “It is truly right.” Lenten Exapostilarion.

At the Aposticha - Stichera of Triodion.

At Lenten Hours: Kathismata: 19 (3rd hr.) and 20 (6th hr.). Veneration of the Cross after the hours (at Typica), after which the Cross is taken back to sacristy.

Reading at 6th hour: Isaiah 29:13-23.